

Our Voice Citizens' Jury, Scotland

Dr Helen Mackie, Clinical Advisor for Realistic Medicine
Lauren Glen, Policy Manager, Scottish Government



- What is Realistic Medicine?
- Why a Jury approach?
- What was the process?
- What are the outcomes?

What is 'Realistic Medicine'?

REALISTIC MEDICINE

WE CAN:



CHAPTER 1

BUILDING OUR PERSONALISED
APPROACH TO CARE WITH
PEOPLE ACROSS SCOTLAND

BUILD A PERSONALISED
APPROACH TO CARE?



How do we know the public really want Realistic Medicine?

How comfortable would you feel asking your doctor...?

While 92% would feel comfortable asking their doctor about their treatment/care options, only 67% said they have actually asked their doctor this.

Over 9 in 10 respondents (91%) feel comfortable asking about the possible benefits and risks of those options, with only 64% stating they have asked their doctor this.

Similarly, 87% feel comfortable asking about how likely the benefits and risks of each option would be to happen to them compared to 54% who have asked their doctor this.

Why a Jury?



Our Voice Citizens'
Jury on Shared
Decision-making

Interim Report | February 2019



The Process

- Commissioning
- Implementation Group
- Formulating the Question
- Oversight Panel
- The Deliberation Events
- Recommendations
- Report-out Event
- Scottish Government Response

Implementation



OUR VOICE

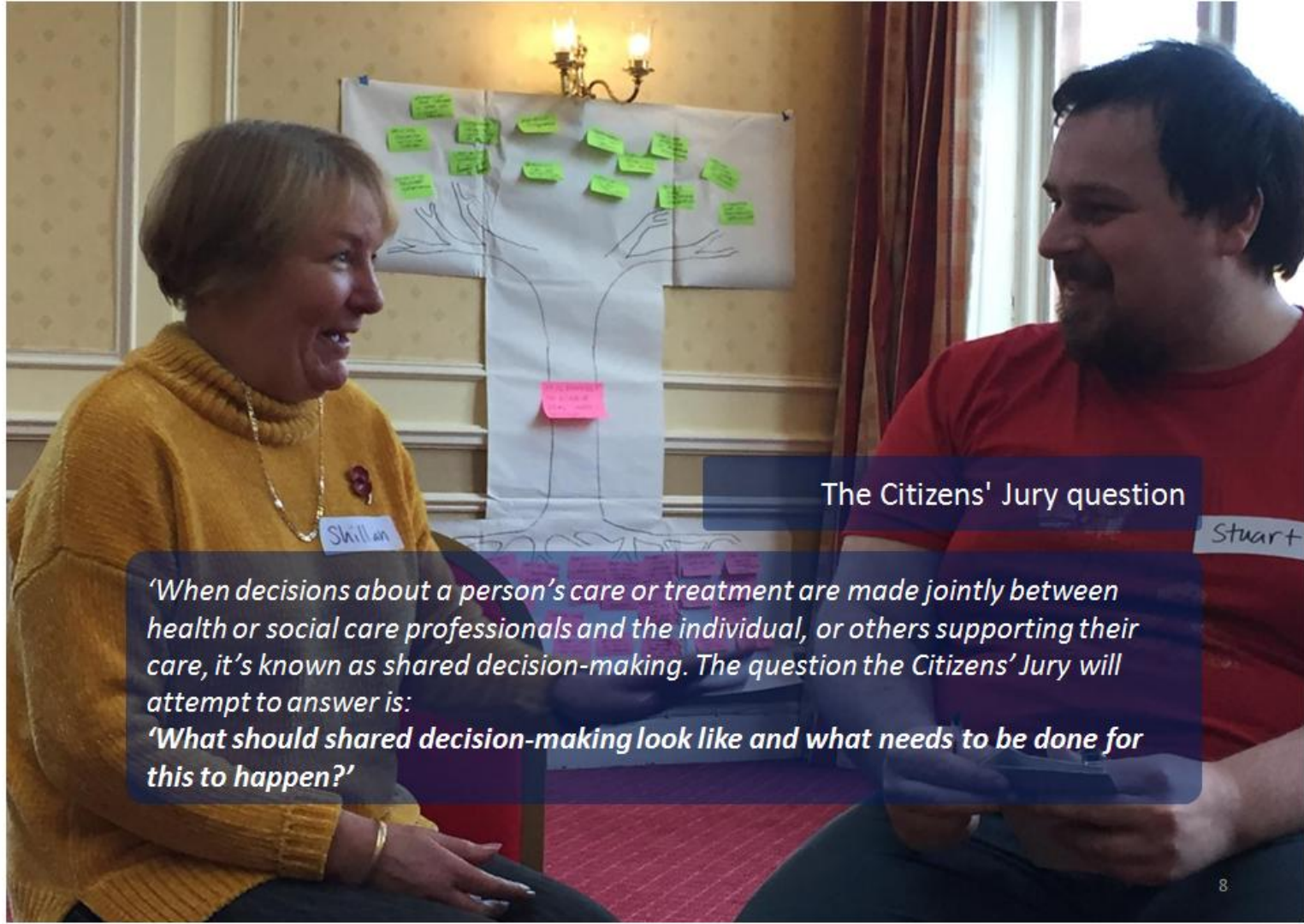
Shared Future
A Community Interest Company

scottish health council

making sure your voice counts

www.ourvoice.scot

 @OurVoiceScot



The Citizens' Jury question

'When decisions about a person's care or treatment are made jointly between health or social care professionals and the individual, or others supporting their care, it's known as shared decision-making. The question the Citizens' Jury will attempt to answer is:

'What should shared decision-making look like and what needs to be done for this to happen?'

The Jury Selection

- 3000 letters with 269 responses
- Selected through random stratified sampling
- 24 people attended all three sessions
- Desired profile matched
- Perth location
 - Ability to access representative population
 - Access and travel time
- Remuneration

The Role of the Oversight Panel

- Ensure that the process is fair and rigorous
- Agree on the question to be posed to the Citizens' Jury
- Suggest topics to be considered by citizens in the process
- Identify commentators/witnesses best able to present on these topics
- Monitor the process of citizen selection
- Comment and offer guidance on the draft evaluation framework, and
- Advise on the dissemination of the Jury's findings.



Commentators

Session 1

Helen Mackie: National Clinical Advisor, Realistic Medicine, Consultant

Gastroenterologist, NHS Lanarkshire

Dr Julie McElroy: Campaigner on diversity and disabilities.

Andrew Cassidy: Care Opinion

Session 2

Dr. Graham Kramer: GP

Tommy Whitelaw: UK Project Lead, Dementia Carer Voices, Health and Social

Care Alliance Scotland

Pauline McFadden: Carer

Shaben Begum: Director, Scottish Independent Advocacy Alliance

Andrew Murray: Medical Director of NHS Forth Valley

Nick Lewis Barned: Consultant Physician, Diabetes and Endocrinology,

Northumbria Diabetes Service.

Prof. Richard Thomson: Institute of Health and Society, Newcastle University

Session 3

Karen Anderson: Director of Allied Health Professions, NHS Tayside.

Peter Lerpiniere: Associate Director of Nursing for Mental Health, Learning

Disability & Older People at NHS Borders.

Joe McElholm: Head of Social Work Adult Services, Falkirk Council

John Stevenson: Head of Complaints Standards Authority

Recommendations

- 13 recommendations
- Ranked by Jury members
- Written in their own words
- Presented to Chief Medical Officer



Jury's top three recommendations:

1. A programme to inform and educate patients of their right to ask questions of health professionals and which questions to ask;
2. Training for all health and social care professionals on shared decision-making; and,
3. The opportunity for an independent person to join conversations between professionals and patients.

The Outcomes

- The report-out event
- Response to the recommendations
- Publishing our response
- Specific actions
- Sharing the report and response

Asking the Right Questions Matters

To help ensure you have all the information you need to make the right decisions about your care, please ask your doctor or nurse:

- Is this test, treatment or procedure really needed?
- What are the potential benefits and risks?
- What are the possible side effects?
- Are there simpler, safer or alternative treatment options?
- What would happen if I did nothing?

Choosing Wisely
UK



Our Vision for Scotland

'By 2025, everyone who provides healthcare in Scotland will demonstrate their professionalism through the approaches, behaviours and attitudes of Realistic Medicine'.

